

Lesson 2: Rockin' Heart With Soul

Treble: C' D' E' F' G' A' B \flat ' C" D" E" F"

Bass: G, C D F G A

Standards: 2, 3, 4, 5, 6, 9

Lesson and Performance

1. In 4/4, discuss how many pairs of eighths or eighth note triplets would fit in a measure. On the board, make separate lines of eight single eighth notes, four pairs of eighth notes, and four eighth note triplets. Clap or play tubes after each line.
2. The chord progression in this piece is similar to the pattern used by Hoagy Carmichael in his famous song "Heart and Soul." It is a perennial favorite at the piano, often learned by rote. Ask how many students have heard it or know how to play it, and perhaps schedule some performances.
3. Notice where the rhythm and chords change in this piece. Discuss whether the form is AB or ABA.
4. See the Hoagy Carmichael bio on page 10.
5. Optional: Play this chord progression with other melodies, such as "Ode to Joy" or "First Noel."

Activity: Three's a Crowd

Materials: FACE tubes, several large numbers: 2, 3, 4

1. Have two students come to the front. Give each one a big number 4, have them face the class and hold up the numbers to make a 4/4 time signature.
2. Have eight students come to the front of the room. They each make a crook with their left arm to look like the flag on an eighth note. Each eighth note gets half a beat. Have the rest of the class play the eighth note rhythm.
3. Have each two eighth notes join arms straight across at the shoulder to form eighth note pairs. Each group gets one beat. Play.
4. Give four people a number 3. Add one of them to the middle of each pair. The middle person holds the three over their head and the other two put a hand on that person's shoulder to form a triplet. Play.
5. Change the time signature and players and repeat. Always make single eighths, pairs and triplets in that order.